SECRETARY'S REPORT

The Project:-

On the fatefull day of 10th Dec. '86 a couple of Ujjain's elder citizens, doctors and a few NRI doctors gathered together and discussed about building a modern health care facility in Ujjain the city of Mahakal, Nobody thought on that day that their dream will take such a fine grand shape one day ushering in an era of modern, ideal, dedicated health care system in Ujjain.

No private land big enough for the hospital was available near the city so we were forced for obtaining a government land. The procedure for obtaining the land, the slow speed of bureaucratic wheels and the counderm of rules delayed the project by four years. However we are grateful of all the officials who helped us to acquire 1,45,000 Sq.ft. land.

The next obstacle came in the form of deep foundation and high subsoil water level. Many a well wishers suggested that we should change the site but we decided not to change in the interest of the poor patient's convenience though the deep piling type of foundation costed Rs. 16 lakhs more. You will be pleased to know that in seven years we have completed about 1,00,000 Sq.ft. of construction.

As a first step of the first phase we commissioned O.P.D. General Wards. Some Private Rooms. Pathology, X-ray on 30th April, '92. Today we intend to complete the whole first phase of hospital by December 2001. We started with 25 beds and in seven years we have a capacity of 300 beds an amazing twelve fold increase in eight years.

In the first year

We added Ambulance, Gastroscopy, Operation Theatre, 10 Private Rooms 50 General Beds.

In the Second Year

We commenced an I.C.U. Labour Room Labour Ward facility, Private Rooms and Microeye surgery Operation Theatre including Corneal Transplant done in Ujjain division for the first time. In this year we also installed best Ultra - Sonography machine including Echocardiography facilities.

In the third year

Ujjain divisioin's first Haemodialysis Unit and Electro-encephalography facility were commenced. Sixty general ward beds including Paediatric wards were also added.

In the fourth year

Central India's most advanced computerised axial tomography machine was installed and was inaugurated by Hon'ble Chief Minister of M.P. Shri Digvijay Singh accompanied by Shri Narendra Nahata Minister for Human Resource Development. Shri Ramlalji Bagadia and Dr. Ramesh Baheti.

Two more operation Theatres and Ujjain Division's first Basic Neontal Intensive Care Unit were also commenced.

In the fifth year

Ramlal Bagdiya Eye Centre having modern micro eye surgery facilities with two operation theatres and 25 beds was inaugurated by Shri Suni Dutt the philanthropic actor politician. He also laid down the foundation stone for the proposed cancer hospital.

In the sixth year

Foundation stone for Palwa rural health centre was laid by **Dr. Vinod Diwan, Dr. N.R. Bhandari & Prof. Staffen Lindberg**. Nine O.P.D. rooms were added in the hospital.

In the seventh year

Palwa rural health centre O.P.D. was commenced. Central India's most advanced Lithotriptor was installed. This machine has filled the long felt need of this region.

The Donors:

We are highly grateful of His Holiness **Dr. Sayedana Mohammed Burhanuddin Saheb** for his blessings and donation of Rs. 15 Lakhs. I am sure that the blessings of **Dr. Sayedana** and other divine saints have not only benefited the hospital project but will also bring early recovery to the patients.

We are awastruck by the motherly affection Rajmataji have for this hospital. She visits the hospital of her own, carefully inspects the progress and instructs us for improvement. Now she is ailing and we pray for her early recovery.

No words of thanks will be enough for the helping hand offered by Vikram Cements Ltd., My words fail short in thanking **Shri M.C. Bagrodiyaji** as he always came forward with help in the hour of need and we are also grateful of **Shri Jajooji & Shri Shailendra Jain** for their helping hands.

Our rural health scheme got a big boost by the donation of Mobile Clinic by Shri Neminathji Jain of "Prestige Foods Ltd.,"

Simhastha 92 came like Kamdhenu to help this hospital project Pilgrims and Saints from all over India and abroad gave their blessing to the hospital.

To name a few **Shri Daulathbhai Logani** from Dubai.**Shri Ramlalji Bagdia. Shri Balkrishna Agrawal** from Bombay, **Shri B.K. Mirchandani** from England and others.

We were so fortunate that three months prior to inauguration, I requested Param Poojya Asharam Bapu to inaugurate the hospital and he gave his consent instantly. Later on when he came here and we approached him with the request for inauguration he not only agreed for inauguration but also said that he will do a "Kirtan" there 15,000 people who attended the opening ceremony are still the object of envy of the people of Ujjain as the "Kirtan" was the best people ever heard. It was so Charismatic, Hypnotysing that the audience sat spell bound for one & half hour. I fail short of words to describe it and hence a abridged sermon is given elsewhere in the souvenir. As if that was not enough Bapu bestowed the people of Ujjain with the operation theatre to be named after his "Guru" Sant Leela Shah.

I have yet to see a saint like **Sant Ram Baba** from London so simple, so gentle so energetic & so kind that the moment I described him about the hospital project he instantly donated 150 superfine all wool blankets to the hospital costing Rs. 1000 each. When he chaired the inauguration function he again donated Rs. 1 Lakhs and also said that he will continue to donate Rs. 5,000/-P.M. till the hospital is completed.

Mahayogi Pilot Baba the real Majestic Yogi among the lot also blessed the hospital opening. Thus we had three Sant luminaries on the occasion of the inauguration of the hospital's first phase. The blessings of these saints & others saints whom we contacted in the Simhastha will go a long way to help the patients to recover fast. It was a rare occasion of the Snat Triveni assembling there for such a pious cause. I ponder it was God destined.

In simhastha another saint tantrik Chandra Swami Maharaj visited the hospital. He saïd, "Donot be miser in asking", later on he declared a donation of Rs. Fifteen Lacks for the operation theater to be named in memory of his mother Achala devi.

We have no capacity to thank these God men we only offer our "Sharddha Suman" to them.

The people of Ujjain will always remain obliged to Shri D.B. Gupta Chairman of Lupin Laboratories Bombay for his excellent gift of a fully equipped Ambulance. Guptaji has promised his help whenever we need it. On the same day Shri Mahant Swami Mehardasji of Alakhdham bestowed us with a gift of one Cardiac Monitor Defibrillator and one private room. For last two years he was under haemodialysis in this hospital. He attained 'Nirvana' a few days back. A few days before his death he called us & praised the hospital work & said after me my followers will help this hospital.

The Family of our **Founder Members** has slowly increased to 58. I would love to call them family members instead as they are so near dear ones. They are always ready to help the hospital cause. They have now taken the task of raising **Drug Fund** for the poor patients.

Without the help offered by the small individual donors this project would never have seen the light of the day. One such donation of Rs.2,598/- came from **Bhil Tribals** who collected Rs.2/- to Rs.5/- each from the Jai Ambe Adivasi Sangh Rignod of Dhar District. I consider this as one of the most valuable donations we have received as, it reflects the will of the poor Tribals for helping such a noble cause & at the same time it also indicates the worthyness of this institution.

In Sept. '92 Dr. Gawarikar went to Ireland and with his efforts we got a windfall of equipments donated by Mr. Stanley Wilson. Director Davidson

Handey Laboratories and Mr. Henry Hallowy, Chief Pathology, Craigavon Area Hospital, Ireland. The equipments included Coulter counter, Microscopes, Centrifuge, Two Gastroscopes, reagents etc. Both of them visited Ujjain with the view of commissioning the equipments but unfortunately we could not get the equipments released from the customs in time due to bureaucratic tangles. It was a moment of agony for us as well as to our Hon'ble guests and well wishers. It is their greatness that they have promised us to supply more equipments. Our hats off to them. In Feb. '96 they again donated Abboot Cell Counter, Microscopes. Microcentrifuge, Spectrometer Reagents Disposables etc. In '98 they again donated Microeliza reader I MX worth Rs. 25/- Lacs and a truck load of reagents and other equipments.

Once in a blue moon one comes across a donor like Shri Sugalchandji Jain and his partners of Sugal Damani & Co., Madras. We had requested them for donation and they said we will in the month of March. He came all the way saw our hospital, our work and was satisfied. He called us to Madras to attend a unique function which was organised only to hand over donations to various organisations from all over India, He donated us an amount of Rs. 2/Lakhs and assured us for more donation in the comming years and each year they are donating us one or two lakhs since then. He has taken donation as his worship and I am sure the poor & needy who are being benefited by his generous hand worship him as God.

Shri Mafatlal Mehta, Chairman of Diwaliben Mohanlal Mehta Charitable Trust, Bombay, has achieved one of the top most post, in my thanks list as on our first visit to him, within minutes he told me, "Go see the goods in my godown and choose whatever you need." That day he donated goods worth Rs. 4,44,000/- which included cotts, mattresses, plaster of paris etc. He is known in the tribal belt for running various projects distributing food articles, clothes etc. to the needy and poor. Since then Mafat Kaka has been donating us various equipments, furnitures, linen food articles the list is unending. The prominent among the equipments are equipments for three operation theatres made in Germany by world renowned Companies line Hanau, MMM. I.C.U. equipments from Helvitpecard. Ameda Nenonatal Incubators two Dialysis machines the list is endless. Uptill now he has donated goods worth Rs. 70,00,000/-. He is also providing us anti T.B. drugs, X-ray films, linen, milk powder etc.

Daulatganj Wholesale Kirana Merchants Association bagged the first honour of becoming the first Founder Member Association by donating Rs. 3/-Lakhs for the noble cause of purchasing a "Haemodialysis Machine" one of the dire needs of Ujjain. Their President Shri Ashok Garg and Secretary Shri Jagdish Agrawal took most active part in mobilising donations. I hope some more associations will follow the ideal.

Member of Vikramaditya Cloth Market, took the challenge for developing basic Intensive Neonatal Paediatric Care Unit and donated Rs. 2.45/- Lakhs Shri Shantilalji Jain, Shri Bahetiji, Dr. Mahesh Jain and Shri Vasu took active interest in promoting this cause.

From Aug. '93 we got exemption under Section 35 AC of Income Tax Act. The donors will get 100% exemption in Income Tax. May I request all our previous donors and specially the corporate ones to donate generously under this clause.

On 24th Sept. '93 two doyen of donors visited the hospital to inaugurate the Intensive Care Unit. Hon'ble **Deepchand bhai Gardi** from Bombay made the historic donation of Rs.35/- Lakhs. His donation has given an unprecedented fillip to the hospital work. Shri Gardiji has been in the forefront of helping such worth while projects all over the country. Gardiji again blessed the hospital to do Foundation Stone laying of Dharamshala in Apr.'95 then he declared a donation of Rs. Five Lakhs for Dharmashala and Rs. Fifteen Lakhs for College of Nursing. I am sure it is impossible to count receipatiants and amount of money Gardiji donates each month. We have never come empty handed from the house of Gardiji & Mafat Kaka. These two stalwarts have become legends in their own life time. In '97 Gardiji again donated Eleven Lakhs for Blood Bank Endoscope, Lift.

In Jan. '95 **Dr. Mahesh C. Goyal** from Hands to Clinical Labs of Third World Countries. America donated Beckman's Auto Analyser. He is helping clinical laboratories in the Third World Countries with equipments. They are providing laboratary equipments each year. A very noble outstanding work. We are very eagerly waiting to meet him to pay our regards.

In Mar.'95 we received an outstanding donation of Rs. 10/- Lakhs from Shri S.R. Jindal of Bangalore, his evaluation officers came evaluated our work

and he gave the donation. We have been requesting him to visit the hospital so that we can honour him but he remains far off from functions and publicity, which is a very rare quality.

In March '95 we received donation of Rs.1,50,000/- from Mr. Dhruv Dalmia who sent donation on our appeal and telephone talks with me. He is a jolly and a very different kind of donor.

In March '96 we received donation of Two Haemodialysis Machines from **Eau Gallie Rotary Club** on our President Shri Vimal Mutha's simple request they donated the machines.

26th Jan.96 was a golden day in the history of this hospital. On this pleasent evening **Shri Ramlal Bagadia** from Bombay donated Rs.15/-. A very simplepious person who even at his advanced age and medical problems came here on our request to grace the inauguration ceremony of Ramlal Bagadia C.T. scan Centre. In religious fairs like Simhasta he organises camps where foods, clothes, meacines, spectacle's are given free to pilgrims, saints. On the same day M.P.'s topmost industrialist **Dr. Ramesh Baheti** Chairman Steel Tube Group of Industries also donated Rs. 11/- Lakhs. He is a very simple and through gentleman, honest industrialist and a great cruseder for philanthropic causes.

The best official certificate of merit came from Hon'ble Shri Digvijay Singh Chief Minister of M.P. when he visited the hospital on 26th January 1996 to inagurate C.T. Scan. He heartily praised for the hospitals services and management. He asked us to take over the management of district hospital of Ujjan and also assured us help of all kind including land from Government of M.P. for our future projects including Medical College. I don't have enough words to thank him.

By the persistent efforts of Shri Baboolalji Jain an array of dignitaries like philanthropist, actor, politician, Sunil Dutt, Donor Ramlalji Bagdia, industrialist and M.P. Shri Mukesh Patel, industrialist Neminathji Jain, Dr. V.K. Diwan desecended here on 05 Sept. 96 to inaugurate the Raml Bagdia Eye Centre and to lay the foundation stone for the proposed cancer hospital. Dutt Saheb is associated with number of hospitals in India and abroad. He said, "I have yet to see such a hospital which has such a good combination of dedicated management and skilled doctors, sophisticated equipments and nominal charges

and that it should be recommended for "Noble prize". He declared that he will arrange donation of radiotheraphy and other equipments for cancer hospital through Nargis Dutt Foundation. The high flying industrialist politician Mukesh Patel declared a donation of 11/- Lakhs.

Dr. V.K. Diwan who is Professor at world famous Karonlinska Institute as well as at Nordic School of Public Health Goteborg which is a rare honour and is also consultant to many universities world over and to WHO, World Bank etc. He had sent Swedish doctors for research work here. He asked the doctors when they went back, how is Ujjain Charitable Hospital and they replied. "The diagnostic & the therapeutic competence is as good as the European standard". We are elected by the comments of Shri Sunil Dutt and Dr. Diwan but we are continuously trying to improve following the 'Kaizen' principles.

We arranged first international workshop on RCH in collaboration with Indevelop, health department of Government of M.P. and Govt. of India and was very successful. It was inaugurated by Shri Prem Narayan Thakur, Health Minister Government of M.P. and concluded by Shri Narendra Nahta Minister for Technical Education Government of M.P.

On 28th Sept. 96 our rural health project got a boost up when the foundation stone was laid for rural health centre at Palwa 23 KM from Ujjain. The stone was laid by two elder females Tulsi Bai and Bhuri Bai Dr. V.K. Diwan, Dr. N.R. Bhandari, Dr. Staffen Lindberg.

We also adopted sixty villages in the periphery of this center for total rural development and longitudinal demographic study. We found that only treating diseases is not going to solve problems but we have to eliminate the basic problems leading to disease state and so we have ventured into the mamoth task of rural upliftment. Exampled by village Belakheda. Where there was non availability of water from Feb. to July every year. We with the help of villagers deepened the village lake fortified it's banks and now the village has water supply round the year. Here we have identified 80 families below poverty line and we are treating them free of cost.

On 21-2-97 when we approached to Pankaj Ghia of Intrelec, Bombay with a request to help this noble cause. He immediately donated Rs. Five Lacks. He is a through gentleman, very soft spoken and is always ready to help

philanthropic causes. He has promised us help wherever we need it. My salute to this young industrialist son of Ujjain.

On 10th July '97 we launched comprehensive rural development programme with the help of **Gram Vikas Chetna Kendra**. Inauguration of Belakheda lake project was done by Shri Mafatlal Mehta.

On 9th July '98 we received the biggest and highly rated fether in our cap when Govt. of M.P. gave us permission to establish a Private Medical College. The inspection committee said, "yours is the most deserving case for a Medical College and your hospital is better equipped than any Medical College hospital in M.P". When we envisaged to set up a Medical College we were confronted with the biggest hurdle i.e. the huge amount of Rs. 10 Crores required for the necessary infrastructure development and bank guarantee of Rs.12 Crores and naturally the first person to be approached was Hon'ble Shri Deepchand Bhai Gardi. After three hours of our discussion of the proposed project he instantly sanctioned a donations of Rs. 5 Crores and made provision for the bank guarantee also. We were expecting that he will consider our request but never hoped that our request will be sanctioned so instantly that was really unbelievable. I am sure this is going to be the single greatest donation by an individual in India. More over he said I and my family members will be totally involved with this proposed project and both of his sons Dr. Rashmikant & Hasmukh Bhai agreed to it. When dignitaries like Shrenik Bhai or Chairman of "The Times of India" asked him why are you going so far from Mumbai or Gujrat for such a big project he replied. "I give donation to nearly one thousand institutions in India but Ujjain Charitable Trust Hospital & Research Centre is the best institution out of all in all respects. My donation is used in the best possible way by them. They are the most trust worthy people and so I am going that far to establish a whole education complex consisting of various institutions". We are overwhelmed by his donation and comments for us millions of thanks to this godly man whose only business is to give donations for noble causes. If we have such dozen full of persons the picture of India will be of Gandhiji's dreams.

In August 98 Dr. N.K. Mahadik went to U.S.A. to advocate for hospital cause with NRI Indians and American Association of Physicians of India (AAPI). He contacted the AAPI office bearers Dr. Anand Talcherkar, Dr. Indra Pandit, Dr. Ranga Reddy and others. The AAPI charitable foundation is actively

trying to help this hospital **Dr. Anand Talcherkar** visited the hospital in mid '99 and appreciated the hospital. With their efforts and efforts of **Dr. Ketki Shah** of ''**Share & Care''** foundation New Jercy we received a bonanza of hospital materials and equipments. **Dr. Kanwal Kapoor** from New York donated surgical instruments worth Rs. Five Lakhs.

Dr. Niranan Patel of St. Elizabeth Hospital Ohio donated equipments worth Rs. fifty five Lakhs which updated our operation theatres with instruments for Neuro Surgery, Orthopaedic Surgery, Laproscopic Surgery and highly sophisticated equipments like Cusa, Phaco Machine, Radio Frequency Abalator, Nucletome, Steriotactic Surgery instruments etc. A huge number of patients are getting benefits from these donations. I pay my sincere thanks to these U.S.A. based brothers whose hearts throb for India.

On 6th Sept. 98 foundation stone of "Heera Dharmshala" was laid by Dr. Shivmangalsingh 'Suman'. Krishanlal Malhotra declared a donation of Rs. Eleven Lacs for the Dharamshala to be built in the fond memory of his father late Shri Heeralalji Malhotra. He said "I consider building Dharamshala in his memory is a more pious act than doing 'Shraddha'". I pray many more fellow brothers will follow this ideal.

On 9th October '98 Palwa Rural Health Centre O.P.D. unit was inaugurated by Dr. V.K. Diwan under this centre, we envisage to develop a field lab for longitudinal demographic studies which will cover sixty villages in collaboration with Nordic School of Public Health Goteborg Sweden. They have already given a research grant of Two Lakhs per year for five years. We have already done a basic demographic survey of sixty villages. We have trained thirty village health workers in these villages, who do the survey work, take preventive steps in the field of nutrition, sanitation, vaccination, RCH services, Tuberculosis. We are also carrying out research in Tuberculosis viz Randomized control trial of Tuberculosis treatment by DOTS and self supervised therapy.

With the efforts of Dr. Ravindra Gangwal on 30/06/'99, we received Orthopaedic Instruments from Michael MC Carrying of Center total joint replacement Lenox Lill Hospital New York.

Our brothers of Lions Club of Ujjain Awantika decided to shoulder the

burden of establishing a modern, fully equipped tertiary care Neonatal Intensive Care Unit as there are only two such units in M.P. and there is none in the surrounding fifteen districts including some districts of Rajasthan. With the main efforts of Prafulla Jain, Bajrang Prasadji Lohiya and Ashok Mehta from Bombay this project of Rs. 62/- Lakhs was sanctioned on 16th Nov. '99 by Lions International who have contributed \$ 71,429. These our Lion brothers have taken the Lions share of help to this noble cause and so they deserve the lions share of thanks also.

The Hospital and The Patients

We have dreamed of a multi disciplinary general hospital with modern diagonstic and therapeatic facilities staffed with dedicated nursing staff and highly qualified patient caring doctors providing holistic health care at affordable cost to all and at a subsidised rate to general ward patients and free to our deprived brothers.

We have been trying to fulfill our ideals which is evident by the following facts.

- The number of patients attending O.P.D. jumped from 16982 patients in first year to 52000 patients in seventh year.
- The same pattern is followed in other facilities as is evident by the bar diagrams given in following pages.
- 250 days in a year we have to refuse admission to the patients as there is no vacancy. This is the state when we have been increasing average fifty beds per year. We really feel helpless and pigmy to cope with the public demand and at the same time we feel honoured for the confidence the people have in this hospital's services.
- We were the first to install the following facilities in Central India.
- Most advanced world class CT Scanner.
- Operation Theatre equipped with Lamellar air flow system, Ionisers, Pressure Filters, Clean air Flow system & Hanau UPS lighting system.
- We have been first to install many a facilities in Ujjain division as per the list.

We are still the only hospital in Ujjain division to have Haemodialysis.

Electroencephalogram.

Neonatal Intensive Care Unit.

CT Scan.

Above mentioned Operation Theatre.

Mobile Clinic.

Rural Health Centre.

The charges for various services are at leat 30% lower than that of other hospital's and are actually 80 to 200% less than that of a hospital of our standard and quality. You will be pleased to know that we have been able to provide a relief of Rs. 5,60,81,000 to the patients by way of subsidy and free treatment in last seven years.

70% of the patients coming to the hospital are from outside Ujjain belonging to the districts of Shajapur, Rajgarh, Dewas, Ratlam, Dhar, Indore, Jhabua, Mandsaur, Neemuch, Kota, Bundi and Jhalawar.

The Rural Health Division - Out reach Services

We have been a running a Mobile Clinic which visits 36 villages each week in turn each village is in center of another 4-6 Villages where no medical facility is available. The patients are treated there and if needed they are brought to the hospital. Clothes and protein food supplements are also provided to the below the poverty line families in some villages with the kind help from Diwaliben Mohanlal Mehta Charitable Trust.

We are holding **health camps** in distant villages and they are so popular that it is a sight like a small 'Mela' attended by 1500 to 2000 patients. In the camp, routine investigations including E.C.G. are done free and treatment is also given & patients requiring hospitalization and surgery are brought to Ujjain and treated.

We are also holding free eye camps in villages with the help of Rotary Club of Ujjain and Lions Club of Ujjain and blindness prevention society for IOL installation. For these patients everything is given free including meals and transportation.

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We found that only treating diseases is not going to solve problems but we have to eliminate the basic problems leading to disease state and so we have ventured into the mamoth task of rural upliftment. Exampled by village Belakheda where there was non availability of water from Feb. to July every year. We with the help of villagers deepended the village lake fortified it's banks and now the village has water supply round the year. Here we have identified 80 families below poverty line and we are treating them free of cost.

The Research Front:

With the help of my friend Dr. Diwan who is Professor of International health, in the world famous Karolinska Institute Stolkholm & Nordic School of Public Health Goteborg Sweden, we have already launched research projects on one of the major killer disease of India and Third World countries i.e. Tuberculosis. These research projects are run in cooperation with Karolinska Institute and Nordic School of Public Health Goteborg Sweden and Professor from Gandhi Medical College, Indore, Professors from Vikram University, Ujjain. Though these research projects will take years together and millions of Rupees. I am sure they will prove beneficial in the management of this disease.

The Future Outline:

In next two years we are going to add the following:

- One hundred beds.
- All kinds of Endoscopy facilities.
- Various Laser units.
- CArm Image Intensifier.

- College of Nursing.
- Dharma Shala.
- Colour Doppler.
- Medical College.

Many of the dignitaries, doctors, industrialists who visited the hospital have appreciated and praised the services, the cleanlines, the management the patient care and the charitable services of the hospital.

At the end I must thank to all the advertisers who have helped us to bring out this Souvenir and specially Shri M.C. Bagrodiyaji whose active participation has made this souvenir a success.

-V.K. Mahadik